



# HEARTWOOD

## MONTESSORI SCHOOL

### Dates to Remember

**Wednesday & Thursday,  
October 5th and 6th:**

Picture Day

**Thursday, October 13th:**

**6:30 PM**

Preschool Curriculum Meeting

**Tuesday, October 18th:**

Teacher Luncheon hosted by LE1.

**Friday, October 21st:**

HALF DAY - Teacher Conferences

**Monday, October 24th:**

NO SCHOOL - Teacher Conferences

**Tuesday, October 25th:**

PAG Meeting, An Introduction to Positive Discipline

**Friday, October 28th:**

**5:30 PM**

Paint Night

**Monday, October 31st:**

**9:15 AM**

Costume Parade - You don't want to miss it! This is a wonderful Heartwood tradition.

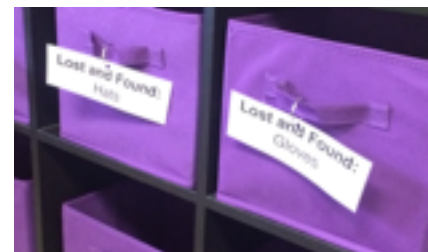


## Happy Fall

September 22nd kicked off the first official day of fall and it seems the weather here in Cary has finally started to cool off. This is a great time of year to double check that all of your children's fall jackets, cardigans and hats have their name in them. It is the only reliable way to return them to you if they get lost!

### *Lost and Found*

We will be trying out a new system for our lost and found items this year. Purple baskets labeled "Lost and Found" will be on the bottom two shelves of the bookcase in the lobby. If you are looking for a missing item, this is a great first place to look.



Lost and found baskets will also be brought out to carpool on the second Friday of every month. If you see something that belongs to your family please grab it or ask a carpool attendant to grab it for you.



## Things To Remember

- **Label Everything.** This is the only reliable way to return lost items to families. With winter coming, many jackets, hats and gloves may be lost!
- **Small Hands Fundraiser.** This went home the last week in September. Flip through the catalog and do some holiday shopping.
- Like to paint? The first **community work day** of the year will be focused on just that. **Paint Night** will be hosted by the Grounds Committee. Pizza will be provided by the school, but BYOB. This is an adult only event.
- The **first PAG meeting** of the year is coming and it is sure to be popular. Make sure to RSVP, **October PSG Meeting Sign Up**
- The **Costume Parade** includes all of our students, aged 18 months - 18 years. Please choose costumes that our littlest students can still enjoy. (Or at least not be terrified by!)

## Parent Awareness Group

### *What is it?*

The Parent Awareness Group's (PAG) main function is to provide Heartwood families with the opportunity to learn more about parenting topics that are important to them.

### *When is the first meeting?*

The first PAG meeting will be held on October 25th at 6:30 pm. Back by popular demand, Liane Watson will give an overview of Positive Discipline, a popular parenting book by Jane Nelsen.

If you are interested in this talk, please RSVP by following the link below. Childcare will be provided for children 3 years and older.

### October PSG Meeting Sign Up

## Curriculum Nights

### *Preschool Curriculum Meeting*

On Thursday, October 13th we will give a presentation of the Montessori academic curriculum. We will review our record keeping system with you to help you understand the progression of lessons in each of the curriculum areas. Find out what to typically expect for children in the age range of 3-6 years. The meeting begins at 6:30 and will be over by 8pm sharp! Sorry no childcare for this meeting. If you want to know more about how each child progresses, please get a sitter:) and join Sue and the 3-6 teachers!

### *Lower Elementary: Teach Your Parent Day*

This is an annual event where the children invite their parents to come to school in the morning to be taught by THEM. The children plan out what they will teach their parents and create a work plan for them. It is a wonderful opportunity for the children to show mastery of subject matter while enabling the parents to get a hands on experience in the classroom.

## Photo Schedule

Wednesday, October 5th	Thursday, October 6th
Toddler	Becki / Nikki
K / EL	Liz / Jody
Ruthie / Ranny	Kathryn / Tanya
Upper Elementary	Jeny / Karen
Middle / High School	

## Picture Day with Portrait Makers

The photography sessions will start promptly at 8:30; the youngest children will go first. If you have siblings that you want photographed together, as well as separately, please email Mary and she will add you to the “sibling” list.

Please email [mary@heartwoodmontessori.com](mailto:mary@heartwoodmontessori.com) with any questions you may have.

## PaintNight

The Grounds Committee will be hosting our very first community work day on Friday, October 28th. We will be tackling some interior painting projects not to mention enjoying some good food and even better company. Interested in signing up? Follow the link below:

<http://www.signupgenius.com/go/10c0c4ea9ab29abfdo-fall>

**A great BIG thank you to Tom Staley and the Middle and High School classes for all the hard work they put into our brand new deck. It looks fabulous and will last for many years to come!**



### Questions?

**Sue Daniel** [sue@heartwoodmontessori.com](mailto:sue@heartwoodmontessori.com)  
 Head of School, Programs Director, Enrollment

**Mary McKinney** [mary@heartwoodmontessori.com](mailto:mary@heartwoodmontessori.com)  
 Office Manager, Accounting, Student Records

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 Communications Director

# Positive Discipline 7 Week Course

with Liane Watson

## Course Description:

This course will be based on the best selling Positive Discipline parenting books by Jane Nelsen, Lynn Lott and several others. Parents and caregivers will learn long-term solutions for raising kids to feel “I am capable, I can contribute, and I can use my personal power in useful ways to improve my life and the lives of others!” Positive Discipline teaches long-term parenting skills that will encourage children to think for themselves, become more responsible and have a greater respect for themselves and others. Feel supported while learning some non-punitive, respectful methods that will incorporate kindness and firmness into your relationship with your children. Get to the core of your children’s misbehavior, practice encouraging tools and gain a sense of accomplishment!

The 7 week interactive workshop ideal for participants who want deep learning and support at a pace that allows for individual processing and practice. We will use the Positive Discipline book (included) to support the in-class lessons as well as the Parents Helping Parents Problem Solving Steps Process.

## Course Details:

- Sessions held on Tuesdays November 1, 8, 15, 29 December 6, 13 and January 3
- Parenting the Positive Discipline Way is \$150/person or \$175/parenting partners
- Childcare is \$30/child \$45/children

Class will be lead by Liane Watson, Parent Educator and former Heartwood Preschool teacher who holds a BA in Human Services from Peace College and Masters in Family Life and Parent Education from North Carolina State University. Liane is also a certified Positive Discipline lead trainer for parents. Please contact Liane Watson to sign up.

## Figure it Out Parenting

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